

# Network News

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## Iowa Network for *Women* in Higher Education

IOWAWHE  
[www.iowawhe.org](http://www.iowawhe.org)

### From the President

It is once again time for our annual conference, and I am delighted that we will be hosting you here at the University of Iowa. We have another exciting agenda this year, including a keynote from Lisa Bluder, the all-time winningest coach in program history, who is preparing to lead the Hawkeyes into the NCAA tournament. There will also be sessions on advancing your career, honing your leadership skills, and assessing the status of women in the state. This year marks the sixth anniversary of the Iowa Women in Higher Education Network's spring conference, and the organization's mission to help women achieve leadership positions in higher education is as strong as ever. We work hard every year to keep the conference affordable, accessible, and relevant, and to provide you with opportunities to meet and network with women leaders from across the state.



Georgina Dodge

As you prepare to attend this year's conference, also plan on attending the pre-conference reception on Thursday night, April 16<sup>th</sup>, from 5:00-7:00pm in Kinnick Stadium. The reception, which features a cash bar, is an excellent way to network informally and to meet other attendees prior to the conference. And I promise it will be fun! We understand the importance of networking and guarantee that you will connect with others before the evening ends.

I also encourage you to consider enrolling your institution as an Institutional Member or Sponsoring Member. An Institutional Membership is available at the low cost of \$100 a year and enables your institution to send four individuals to the conference at the membership rate. It also entitles you to name an Institutional Representative who serves as a liaison to IOWAWHE. Sponsoring Memberships, which cost only \$250, also make your institution eligible to host future conferences. As all of our hosting institutions can attest, doing so provides a unique opportunity to highlight the achievements of women on our campuses and to promote opportunities for all.

Hurry to sign up for the conference before *registration ends on March 31<sup>st</sup>*. Information and registration is at: [www.iowawhe.org](http://www.iowawhe.org). I look forward to seeing everyone on April 16<sup>th</sup> and 17<sup>th</sup>!

Georgina Dodge  
IOWAWHE President

ACE WOMEN'S  
Network™

### Highlights

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### Calendar of Events

- April 16-17: IOWAWHE Spring Leadership Conference ~ University of Iowa
- June 17-19: ACE National Women's Leadership Forum~ Arlington, VA  
For more information, visit: [ACE Women's Network](http://www.acewomen.org).

You may apply to attend meetings outside our region, and if there is room, you may be accepted. Contact Ellen Kabat-Lensch, our Iowa liaison to the ACE Women's Network.

*Iowa Network for Women in Higher Education*

## IOWAWHE Annual Spring Leadership Conference University of Iowa, Levitt Center for University Advancement, Iowa City, Iowa April 16-17, 2015

The IOWAWHE Annual Spring Leadership Conference brings women together from all corners of the state to network and discuss the issues facing leaders in higher education today. With a world full of changes, it is inevitable that gaps will develop along the way. Gaps in benefits. Gaps in responsibilities. Gaps in our understanding of what is or should be true. But which ones matter and when should we make extra efforts to forge across them?

This year's Annual Leadership Conference: "**Bridging the Gap**" works to share some common themes and areas in which women in the workforce may be experiencing the consequences of various gaps.

### Keynote Speaker

Lisa Bluder, Iowa Women's Basketball Head Coach, will present "Think Like a Champion" as the conference keynote and the second speaker in the Women's Leadership Initiative Series. Recognizing the need for more women leaders at all levels in higher education across the state, the Women's Leadership Initiative Series was developed by women leaders for women leaders.

### Conference Sessions

Session 1: Throwing your hat into the ring: What you need to know about them and what you need to know about yourself. This session will address through examples and discussion how to assess whether a position is right for you and what you can do to prepare yourself for the review of your written application and the interview process.

Session 2: She Matters: Be informed, Unite and Act! In Iowa, why are 70% of our female headed households struggling? Why has the wage gap fallen from 79 to 77 cents in the last two years? Why are women only 22.7% of our state legislators and hold only 16% of corporate board positions? Be informed, Unite and Act!

Session 3: Thinking about and Going for It: University Administration. Panelists will discuss their experiences in transitioning into and among academic administration positions within community colleges, private colleges/universities, and public universities.

Session 4: Claiming Women's Leadership in a Man's World. This session considers the gendered similarities and differences that shape the leadership paths for women and men in higher education.

**Our featured speakers will be:** *Georgia Yuan*, Executive Coach and Senior Search Consultant, AGB Search, Inc.; *Diane Ramsey*, CEO, Iowa Women Lead Change; *Dawn Oliver Wiand*, Executive Director, Iowa Women's Foundation; *Maria Bohorquez PhD*, Chair and Professor of Chemistry, Windsor Professor of Science, Drake University; *Nancy Hill Cobb, D.M.A.*, Associate Provost for Faculty Affairs, University of Northern Iowa; *LaDrina Wilson M.S.Ed*, Dean of Students, Scott Community College; *Rod Bagley, DVM*, Chair, Department of Veterinary Clinical Sciences, Iowa State University; *Dawn Bratsch-Prince, PhD*, Associate Provost, Iowa State University.

**For a more detailed agenda, visit the website below:**

<http://www.iowawhe.org/>

Also, please join us for a networking social on Thursday evening, April 16, from 5:00-7:00 pm, in the McCord Club Lounge in Kinnick Stadium and Paul W. Brechler Press Box, University of Iowa, Iowa City, Iowa.

The Annual Leadership Conference will begin on Friday, April 17, 2015 at 8:00 am.

There is still time to register! Visit: [www.uiowa.edu/iowawhe2015conference](http://www.uiowa.edu/iowawhe2015conference) and register by March 31<sup>st</sup>.

## Renew Your Membership or Become a Member!

There are three different ways in which to become a member. Please visit our website at IOWAWHE.ORG and select the category below that best fits you.

### ***Individual Member***

Women interested in leadership and career development in higher education are invited to join IOWAWHE regardless of their status (staff or faculty) or rank. Individual membership entitles the individual to receive the IOWAWHE newsletter and qualify for membership registration rates when participating in events hosted by IOWAWHE.\*

### ***Institutional Member***

Each institution joining the Iowa Network for Women in Higher Education is asked to name one Institutional Representative who serves as a liaison between IOWAWHE and their campus. In addition, *institutional membership* entitles the institution to name three (3) additional individual members. The IOWAWHE Newsletter and membership registration rates for the four named individuals to participate in events hosted by IOWAWHE are further benefits of membership.\*

### ***Sponsoring Member***

Each institution that joins as a sponsoring member of the Iowa Network for Women in Higher Education is asked to name one Institutional Representative who serves as a liaison between the network and their campus. In addition, *sponsoring membership* entitles the institution to name four (4) additional individual members. Also included as part of membership is receipt of the IOWAWHE Newsletter; membership registration rates for the five named individuals to participate in events hosted by IOWAWHE; recognition of sponsorship; eligibility to host the annual IOWAWHE annual leadership conference; and eligibility to advertise in IOWAWHE publications and on the website.\*

\* Please note that registration for the Annual Conference is separate from any membership fees.

## IOWAWHE Book Review

*Drink: The Intimate Relationship Between Women and Alcohol; Johnston, Ann Dowsett, HarperWave, 2014*

This book joins the growing literature on personal alcohol/drug abuse and recovery. An established Canadian magazine writer, Johnston skillfully blends her personal story with current data about alcohol use among women, especially "high-functioning" professional and educated women. These women would be described as high functioning alcoholics, whose professional cocoon and resources protect them from consequences and self-recognition of their alcohol/other drug problems.

The author documents increased advertising of alcohol products directed toward women and the creation of female-targeted alcohol drinks and products. These efforts create a cultural story line of normalizing use, augmented by recent health research suggesting that alcohol use in moderate amounts can be beneficial and that small amounts may not be harmful to a developing fetus. Johnston rightly points out that these factors combined create a dangerous message that encourages use and may support the denial of the problem drinker.

Johnston investigates research about fetal alcohol syndrome; the consequences of alcohol use by young women (e.g., unplanned sexual behavior, sexual victimization), including the college drinking scene (current data reveal women's binge drinking to almost equal men's); alcohol-related behaviors such as sexual assault and driving under the influence; the depressive effects of alcohol; alcohol self-medication for insomnia, stress, PTSD, anxiety, and mood disorders; and alcohol-related suicides. Later chapters examine effects of alcohol use on daughters, treatment options and how they are experienced, and public health strategies.

In the last chapters, Johnston emphasizes the role of spirituality in recovery, the challenge of overcoming the stigma of alcohol/drug abuse, and the difficulty of reentering mainstream social settings that are fraught with drinking opportunities. Including interviews with treatment professionals, this autobiographical study is both a current and accurate examination of professional research on female substance abuse, as well as a compelling personal story.

Deborah Loers, Ph.D.  
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### From the Editor

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